GRIEF BIBLIOGRAPHY


> Understanding & coping with “losses” that have no closure (e.g., family or friends with dementia, mental illness, brain injury, etc.).


> Shared wisdom from a clinician and fellow griever who lost a child.


> A spiritual and practical exploration of the dying process that serves as a guidebook for both caregivers and the dying.

**The Bereaved Parent** by Harriet Schiff, Viking Penquin (1978).

> Probably the best book for those whose children have died.


> Comforting poems written by a fellow griever.


> Contains information about the normal process of grieving.


> Two hospice nurses share lessons learned from those who are dying.


> Written specifically for Christians who struggle with faith issues. This book makes specific references to Scriptures making it a resource for people who are familiar with and comforted by the Bible.


> A primer for parents in helping their children through grief.


> A small devotional book with meditations on grief.


> One of the most comprehensive books available about the normal process of grieving.

**I’m Grieving As Fast As I Can** by Linda Feinberg, New Horizon Press (1994).

> For young widows & widowers: practical advice for many situations.


> A poignant and personal account of a young widow.
A guide for men surviving the death of a loved one.

A very good reading, full of “real stories” illustrating the effects of a mother’s death on female children of all ages.

Very useful information for survivors grieving for a loved one who was killed.

No Time to Say Goodbye: Surviving the Suicide of a Loved One by Carla Fine, Broadway Books (1997)
A personal journey through the grief of suicide, combined with insight from professional counselors.

A beautiful book for all ages describing the spiritual connection that remains with those who have died.

When Bad Things Happen to Good People by Harold Kushner, Random House (1978).
A very helpful book for people who struggle with the question, “Why did this happen to me?”